



Senior Care

• ALLIANCE •

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2023 SCA AGING CONFERENCE

DISCLOSURES TO LEARNERS

Criteria for awarding contact hours

To receive contact hours all attendees must sign in at each session and arrive no more than five minutes after start of session and leave no more than five minutes before each session ends.

Attendees will additionally need to complete and submit evaluation forms and any additional assessment forms.

This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Approval for contact hours through the American Holistic Nurses Association is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.

No one with the ability to control content of this activity has a relevant financial relationship(s) to disclose with an ineligible company

2023 SCA Aging Conference Event Schedule

Thursday, September 14, 2023

Time	Event
7:00 a.m. – 8:00 a.m.	Registration Open
7:00 a.m. – 4:30 p.m.	Exhibits Open
7:00 a.m. – 8:30 a.m.	Continental Breakfast
8:00 a.m. – 9:00 a.m.	Session 1 – General Session Stevi McCain, Speech Therapist
9:10 a.m. – 10:10 a.m.	Session 2 – General Session Dr. John Lane
10:20 a.m. – 11:20 a.m.	Session 3 – General Session Wansley Harrison, LCSW, CSW-G
11:30 a.m. – 12:45 a.m.	Session 4 - Lunch Session Jordon Babcock, EMBA, CEO
1:00 p.m. – 2:00 p.m.	Session 5 – General Session Todd Whatley, Attorney
2:10 p.m. – 3:10 p.m.	Session 6 Taylor Franklin, Pharm.D.
3:20 p.m. – 4:20 p.m.	Session 7 – Closing Session Terry Barclay, Ed.D.
4:25 p.m. – 4:40 p.m.	Door Prize Give Away

2023 SCA Aging Conference Event Schedule

Friday, September 15, 2023

All topics presented by special guest speaker [Dusty Linn](#)

Time	Event
8:00 a.m. – 8:30 a.m.	Registration Open
8:30 a.m. – 10:00 a.m.	Trauma Informed Care
10:15 a.m. – 11:45 a.m.	Applying Trauma Informed Care to Resident Care
12:45 a.m. – 2:15 p.m.	Behavior Management Outlined in Phase 3
2:25 p.m. – 4:00 p.m.	Training on Behavior Management as Outlined in Phase 3

2023 SCA Aging Conference Event Schedule

THURSDAY, SEPTEMBER 14TH

Session 1

8:00 a.m.-9:00 a.m.

Stevi McCain

Speech Therapy

Description:

This course will address the most common behaviors seen in individuals living with dementia (ILD) and the recommended communication supports, modifications, tasks, and objects that can facilitate a reduction in reactive behaviors. This course will cover common behaviors seen in the home, hospital, and ALF/SNF/LTC settings and provide caregivers with techniques for personalized care and improve patient/client/resident quality of life.

Objective:

Participants will understand common dementia-related behaviors and triggers, identify communication techniques that can establish trust, respect, and a calm environment and identify environmental modifications and supports to reduce the frequency of common behaviors.

Session 2

9:10 a.m. – 10:10 a.m.

Dr. John Lane

Answers to Common Questions about Screening & Chronic Disease Management in the Elderly

Description:

This presentation will familiarize attendees with the treatment of chronic disease in the elderly, including A1C goals, UTI treatments, blood pressure and cholesterol goals and treatment after hospital stays.

Objective:

Participants will recognize changing goals of care over the lifespan; discuss an evidence-based approach to medical care including limitations and recognize frequent harms of common medical interventions.

2023 SCA Aging Conference Event Schedule

THURSDAY, SEPTEMBER 14TH

Session 3

10:20 a.m. – 11:20 a.m.

Wansley Harrison, LCSW, CSW-G

Trauma, the Reaction

Description:

This presentation will discuss PTSD. Post-Traumatic Stress Disorder is a disorder in which a person has difficulty recovering after experiencing or witnessing a terrifying event. A few most common symptoms are intrusive memories, avoidance, negative changes in physical reaction, thinking and mood. Learn how to best manage symptoms through self-help techniques and seeking professional treatment.

Objective:

Attendees will increase their understanding of PTSD, understand and address events and issues underlying PTSD, and identify ways to manage PTSD related symptoms.

LUNCH SESSION 4

11:30 a.m. – 12:45 p.m.

Jordon Babcock; EMBA Chief Executive Officer
CEO Springwoods Behavioral Health

The Role of the Emergency Department in Preventing Suicide

Description:

This presentation will review the role the hospital ED staff in helping to create a more positive and hopeful experience for patients by providing patient-centered care—care that is sensitive to a suicidal patient's individual needs and preferences.

Objective:

This presentation will communicate the ways the ED can help prevent suicide through screening and assessments, risk levels, interventions and discharge planning and documentation.

2023 SCA Aging Conference Event Schedule

THURSDAY, SEPTEMBER 14TH

Session 5

1:00 p.m. – 2:00 p.m.

H. Todd Whatley, Certified National Elder Law Attorney

Medicaid Misconceptions

Description:

There are many things about long term care Medicaid that you think are true. Many, if not all, are misconceptions that this session will clarify.

Objective:

This session will allow attendees to learn the Medicaid role for a married couple, Medicaid rules for a single person, and learn exceptions to the gifting rule as it pertains to the five year look back.

Session 6

2:10 p.m. – 3:10 p.m.

Taylor Franklin Pharm.D.

Opioid Safety & Naloxone Use

Description:

This presentation will discuss the current opioid epidemic, chronic vs acute pain, and pain management strategies including alternatives to opioids, adverse effects, signs and symptoms of opioid overdose, drug-drug and drug-disease state interactions, current guidelines and recommendations regarding opioid dosing, safety precautions and naloxone use.

Objective:

Attendees will be able to identify adverse effects of opioid medications, administer naloxone nasal spray, and provide information on opioid safety and naloxone use to patients and caregivers.

2023 SCA Aging Conference Event Schedule

THURSDAY, SEPTEMBER 14TH

Session 7

3:20 p.m. – 4:20 p.m.

Terry Barclay, Ed.D.

Religious & Ethnic Diversity & Their Impact on Senior Citizens' Ability to Cope

Description:

This presentation will investigate diversity among senior citizens, as it relates to religious and cultural factors, which influence a senior's ability to cope with difficulties, change, & uncertainty. More significantly, how should these factors influence the methods we employ to help our senior patients cope with these issues. How do one's religious beliefs aid or hinder dealing with major health issues. How does one's cultural upbringing impact a person's ability to cope. What diversity factors should be acknowledged to bring about optimal results?

Objective:

Attendees will express an appreciation for the role one's religious beliefs will play in a seniors ability to cope with major life changes, discuss how cultural differences affect one's coping abilities, and have conversive knowledge of the role diversity plays in our relating to seniors from various backgrounds and religions.

2023 SCA Aging Conference Event Schedule

FRIDAY, SEPTEMBER 15TH

Special Guest Speaker Dusty Linn, LCSW

Dusty Linn is a Licensed Clinical Social Worker and has practiced as a Consultant and Educator in Social, Activity and Dementia Care for over 20 years. Her specialization is in working with the adult and elderly population, particularly those with Dementia. She is a Certified Validation Specialist and a Positive Approach to Brain Change Instructor. She has worked with various mental health conditions, particularly Anxiety and Depression and most recently has been addressing Trauma associated with COVID.



She has conducted training with multiple Health Care Associations to include:

The American Healthcare Association
Washington Healthcare Association
Oregon Healthcare Association
Oklahoma Healthcare Association
Arkansas Healthcare Association
Indiana Healthcare Association
West Virginia Healthcare Association
South Carolina Healthcare Association
Maine Healthcare Association

She has conducted training with C.N.A.s, Social Service Directors, Activity Directors, Directors of Nursing, LPNs, Administrators, Dementia Care Neighborhood Staff and Surveyors. She combines humor, real life stories and years of experience and knowledge in her trainings that both entertain and educate her attendees.

For more information visit: dustylinnconsulting.com

2023 SCA Aging Conference Event Schedule

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FRIDAY, SEPTEMBER 15TH

8:30 – 10:00am Trauma Informed Care

- Participants will develop an understanding of how trauma affects the body physically.
- Participants will demonstrate how deep breathing and progressive relaxation promotes well-being
- Participants will be able to identify 3 coping skills that decreases the trauma response

10:15 – 11:45am Applying Trauma Informed Care to Resident Care

- Participants will develop an understanding of how trauma impacts personal care
- Participants will be able to identify 3 signs of trauma in residents to prevent further traumatization
- Participants will be able to identify 3 non-pharmacological interventions in addressing trauma in residents

12:45 – 2:15pm Behavior Management Outlined in Phase 3

- Participants will identify 3 ways Behavioral Management in Phase 3 impacts their facility
- Participants will develop an understanding of Behavior Management as outlined for Phase 3
- Participants will be able to identify 3 ways to incorporate the behavior management program into their facility

2:30 – 4:30pm Training on Behavior Management as Outlined in Phase 3

- Participants will identify 3 tools to train their staff on behavior management skills
- Participants will develop an understanding of the “Distress Checklist” to work toward prevention of behaviors in residents
- Participants will identify 3 areas of weakness that further training needs to be completed in regard to behavior management in their facility